

# Lunch – Summer Menu – week 1

<i><b>Monday</b></i>	<i><b>Tuesday</b></i>	<i><b>Wednesday</b></i>	<i><b>Thursday</b></i>	<i><b>Friday</b></i>
Dall curry (lentil) served with rice and garden salad	Spaghetti Bolognese served with garlic bread and side vegetables	Mixed bean Goulash served with rice and salad	Couscous with vegetables (courgettes, aubergine, chickpeas and carrots) fresh salad	Pasta in tomato and herb sauce served with garlic bread and side vegetables
Fresh fruit	Fruit salad	Fruit platter	Fresh fruit	Strawberry mousse
<i><b>Afternoon snack</b></i>				
Chicken and cheese sandwiches Veggie sticks	Tuna/cheese wraps Veggie sticks	Fish fingers & chips Veggie sticks	Vegetable soup with bread rolls	Home made pizza Veggie sticks

**Fresh fruit, milk and water are available to the children all day**

# Lunch Spring Menu – week 2

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Cheese and tomato pasta bake served with broccoli	Cottage pie served with side vegetables	Sweet potato and pea curry served with rice and garden salad	Quorn and bean (kidney and cannellini) casserole served with rice and salad	Cheese, corn and broccoli pasta served with side vegetables
Yoghurt	Fruit salad	Fresh fruit	Fruit platter	Strawberry mousse
<b><i>Afternoon snack</i></b>				
Chicken and cheese sandwiches Veggie sticks	Tuna/cheese wraps Veggie sticks	Humus with pita bread Veggie sticks	Soreen and home made scones Veggie sticks	Home made pizza Veggie sticks

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# Lunch Summer Menu – week 3

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Vegetable biryani (rice) served with natural yoghurt and salad	Spaghetti Bolognese with side vegetables and garlic bread	Beef/ Quorn stew with vegetables served with rice	Fish tagine (fish and vegetables in sauce) served with rice and salad	Tomato pasta served with garlic bread and broccoli
Fruit yoghurt	Fruit salad	Fruit platter	Fresh fruit	Bananas and custard
<b><i>Afternoon snack</i></b>				
Chicken and cheese sandwiches Veggie sticks	Humus and olives pita bread Veggie sticks	Fish fingers and chips	Vegetable rolls Veggie sticks	Cheesy toasties Veggie sticks

**Fresh fruit, milk and water are available to the children all day**

# Lunch Spring Menu – week 4

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Cheesy pasta bake served with garlic bread and side vegetables	Beef/Quorn stew (with carrots and swede) served with boiled potatoes	Chicken in tomato and vegetable sauce served with rice and fresh salad	Cottage pie served with Side vegetables	Pasta in tomato and herb sauce served with side vegetables
Fruit yoghurt	Fruit salad	Fresh fruit	Fresh fruit	Bananas and custard
<b><i>Afternoon snack</i></b>				
Chicken and cheese sandwiches Veggie sticks	Tuna/cheese wraps Veggie sticks	Cheese rolls and chips	Carrot and lentil soup with bread roll	Home made pizza Veggie sticks

**Fresh fruit, milk and water are available to the children all day**